girl scouts of the missouri heartland

The Gathering 2016
Girl Scouts Go Hollywood
Registration Packet

Get ready for a weekend of fun, discovery, and friendships at **The Gathering: Girl Scouts Go Hollywood!** The Gathering is a time-honored getaway for teen Girl Scouts. It's a chance for you to learn and try new things, meet new friends, and kick back, relax and have some fun with other Girl Scouts your age.

The Gathering is open to Girl Scout Cadettes, Seniors and Ambassadors. It begins Friday, November 4 at 5:00 p.m. and ends at 11:00 a.m. on Sunday, November 6. Friday night will be laid back, so get to camp when you can, bring a sack dinner, settle into your tent or cabin, and then enjoy s'mores and songs around a campfire. If you can't come for the whole weekend, that's okay, too—just contact Stefanie McCall at the Girl Scout office to let her know when you'll be there. The cost for the weekend is $45, which includes your camping, food, program supplies, and a patch.

Weekend Highlights

Workshops, Workshops, Workshops
Saturday is full of workshops in which you can try something new, be adventurous, and have a lot of fun. You will attend four workshops of your choosing from a wide selection of topics.

Party Hollywood Style
On Saturday evening we will embrace our theme "Girl Scouts Go Hollywood" for a night full of fun. You can even dress the part – come as your favorite movie character, like you are ready to walk the red carpet, or just as you are. Following dinner there will be more fun: play games from the popular TV show "Hollywood Game Night," compete in a Hollywood-themed costume contest, pose for the paparazzi, and more. We'll end the night watching a movie that girls vote for.

Tap into Your Girl Power
Before we go our separate ways on Sunday, Shelly Drymon, CEO of the Rescue Yourself Project, will lead activities to help you harness your true power to help you reach your life goals.

SWAPS
Making SWAPS to exchange with people you meet is a Girl Scout tradition. SWAPS represent something about you. For example, if you are really into camping, your SWAPS might be a tiny sleeping bag, or you could make SWAPS to fit the theme. Just make sure your SWAPS have a pin on them. Bringing SWAPS is an optional activity, but it can be a lot of fun and a great way to meet new people.

T-Shirts
New this year—if you register by the deadline of October 17 you receive an event t-shirt as an on-time bonus!

Be Independent
Girl Scouts attending The Gathering will need to be self-reliant. You will be responsible for following the schedule and rules. You will have to find your workshops and get to them on time.

Information for Adults
Volunteers who wish to attend The Gathering with their girls may do so for a fee of $30. This cost covers meals, lodging, and a patch. Adults registering by the deadline of October 17 also receive a t-shirt.

Saturday Workshop Descriptions

Session 1 | 10:00 a.m. – 12:00 p.m.

Team Challenge: This session will help you and your Girl Scout sisters work together like a dream team! Start off playing games and then head out to the low elements of the challenge course. Challenge your team and yourself, and have a blast!

Rock Climbing: Challenge yourself by tackling the climbing tower! Harness up, climb at least 25 feet in the air, and enjoy the view! Climb on!

Simple Scrapbooks: Repurpose children's board books into cool one-of-a-kind scrapbooks. Unleash your creativity and create an item you will treasure for years. If you'd like you can bring 8-10 pictures to put in your scrapbook.

Hiking: Learn some of the skills needed for day hikes from "Mouth," our backpacking expert. Then head off the beaten path to explore some seldom-seen sites of Finbrooke. Participants need to wear sturdy, closed-toe shoes and bring a water bottle.

Survival Skills: Learn some hardcore survival skills like how to start a fire without matches, how to purify water, and more.

Session 2 | 1:30 – 2:30 p.m.

Archery: Do you have what it takes to be a great archer? You'll never know until you try! This workshop is great for people who have never picked up a bow or those as experienced as Katniss Everdeen. Cadettes will earn portions of the Archery badge.

Fire Building: Every Girl Scout needs to know how to build a fire! If you don't know how or need help perfecting your skills, let "Cub" teach you the fine art of fire building. Maybe your new skills will earn you the "golden match."

Self-Defense: It's always a good idea for a woman to know how to defend herself. This workshop will be fun, interactive, and informative. Leave empowered and with some new skills to keep you safe.

Eating for Beauty: *"You are what you eat."* Learn how what you eat and drink can keep your skin glowing, your mind focused, and your energy flowing. Cadettes will earn portions of the Eating for Beauty badge.

Jewelry Making: Learn how to make personalized jewelry using everyday objects. You will leave this session with at least two pieces of jewelry that show off your style.

Yoga: Are you looking for an activity to help you relax and get fit at the same time? Yoga is not only very relaxing, but it is a great way to develop strong muscles and have a fit, healthy body. Take this workshop and see what it's all about. Participants need to wear active clothes and bring a Yoga mat or towel.

Session 3 | 2:45 – 3:45 p.m.

Zipline: Prepare yourself for an adrenaline rush as you fly through the air at the Finbrooke Program Center! Buckle up – it's going to be an awesome ride!

Behind the Ballot: Being a good citizen is an important part of Girl Scouting. Part of being a good citizen is voting. In this session, a local expert will explore with you the importance of voting and the electoral process – just in time for election day! Seniors attending this session will earn portions of the Behind the Ballot badge.

Campfire Snacks: Lots of yummy things can be cooked on a campfire. Learn to go beyond S'mores and make some campfire snacks.

Collage Boxes: Collage is the act of blending different materials together to create an art piece. Create a one-of-a-kind treasure by collaging a cigar box with a variety of items. Seniors attending this session will complete Step 4 of the Collage Artist badge.

Tractor Trail Ride: Join one of our rangers for a tour of Finbrooke from the comfort of the camp trailer! See sights you might not have seen before like Sassafras Point or Jake's House, visit the swinging bridge and hop off for a short visit at the river.

Session 4 | 4:15 - 5:15 p.m.

Zumba: Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic fitness program that will blow you away. Take this workshop and have an absolute blast in one exhilarating hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life!

Intro to Sign Language: Our motto is to be prepared. Take this class and be prepared to learn sign language to help you communicate with the hearing impaired. Learn basic phrases and fun stuff too!

Drawing: Have you always wanted to be able to draw or can you draw and you want to get better? Learn drawing tips and techniques from art students at Cottey College.

Theater Games: All the world's a stage, so why not learn and practice your acting skills at Finbrooke? Learn how actors use games to get warmed up, stretch the imagination, and get comfortable in front other others.

Change the World: Learn how to use your leadership skills to enact change in your world. By the end you'll have a good idea how to be an advocate for change.

Giant's Ladder: Be courageous and strong as you work with a partner to climb high in the air on the Giant's Ladder. You will be safely harnessed, but it will be up to you and your partner to climb as a team. Regardless of if you make it all the way to the top or simply straddle the first rung, you will walk away with new cooperation skills and a sense of what challenges you can face.

girl scouts

Girl Scouts of the Missouri Heartland, Inc.

Girl Program Registration

The Gathering: Girl Scouts Go Hollywood

Registration Instructions

1. Please complete the *Parent Permission Form* and *Health History Form* (included in this packet) and submit it with this registration form.
2. **To guarantee a t-shirt, forms must be received by October 17, 2016.** The event is only open to 100 girls, so don't delay! Don't forget to include your payment. Email forms to smccall@girlscoutsmoheartland.com, fax to 417-862-4120, register online, or mail to Girl Scouts of the Missouri Heartland, 210 S. Ingram Mill Rd., Springfield, MO 65802. Please use only one registration method.
3. Select the workshops you want to take for each session. Be sure to include a first, second, and third choice for each workshop in case your first choice is full.
4. Confirmation packets with additional details, directions, and a packing list will be emailed after October 21.

Participant Information

Name _____ Age _____ Grade _____ Troop # _____ Service Unit _____
Address _____ City _____ State _____ Zip Code _____
Phone Number _____ Email _____ County _____

Workshop Choices

Session 1
1st choice _____
2nd choice _____
3rd choice _____

Session 2
1st choice _____
2nd choice _____
3rd choice _____

Session 3
1st choice _____
2nd choice _____
3rd choice _____

Session 4
1st choice _____
2nd choice _____
3rd choice _____

Additional Information

If you would like to room with specific friends, please list those girls' names here.
1. _____ 2. _____ 3. _____

Please share any special needs, including dietary. _____
_____

T-shirt Order | ***Please check the t-shirt size you would like to order.***

(Adult sizes small-XL included in the on-time bonus. If you need a XXL please add $1, or $2 for a XXXL to your registration fee.)
☐ Adult Small ☐ Adult Medium ☐ Adult Large ☐ Adult XL ☐ Adult XXL ☐ Adult XXXL

Event Cost *(includes 4 meals, lodging, all workshops, patch, and t-shirt if registered by deadline)* $45
T-shirt Cost *for XXL ($1) or XXXL ($2)* $_____
TOTAL DUE **$_____**

Check, made payable to Girl Scouts of the Missouri Heartland, Inc. $_____
Cookie Credit (if applicable) (Make sure to include 2-digit security code located on back of card). $_____
Cookie Credit Gift Card #: __ __ __ __ __ __ __ __ __ __ __ __ - __ __ __ __ __ - __ __
Troop Bucks (if applicable) (Make sure to include 2-digit security code located on back of card).
Troop Bucks *Gift Card #:* __ __ __ __ __ __ __ __ __ __ __ __ - __ __ __ __ __ - __ __ $_____
Credit Card *(Please complete information below.)*
Card #: _____ *Expiration Date:*_____ $_____
Name on Card: _____ *Signature:* _____
Financial Assistance Requested (*attach request form with registration*) $_____
TOTAL ENCLOSED **$_____**

Girl Scouts of the Missouri Heartland, Inc.

Adult Program Registration

The Gathering: Girl Scouts Go Hollywood

Registration Instructions

Please note: Leaders are not required to attend this program because there will be adults in place to meet girl/adult ratios. However, leaders are welcome to attend. Cost for leaders to attend is $30. This covers the cost of meals, lodging, a patch, and a t-shirt if registered by the deadline.

1. To register, please complete the *Health History Form* (attached) and submit with this form.
2. **To guarantee a t-shirt, forms must be received by October 17, 2016**. Don't forget to include your payment. Email forms to smccall@girlscoutsmoheartland.com, fax to 417-862-4120, register online or mail to Girl Scouts of the Missouri Heartland, 210 S. Ingram Mill Rd., Springfield, MO 65802. Please use only one registration method.
3. Confirmation packets will be emailed about October 21 and includes additional details, directions and a list of things to bring.

Participant Information

Name _____ Troop # _____ Service Unit _____

Address _____ City _____ State _____ Zip Code _____

Phone Number _____ Email _____ County _____

Additional Information

If you would like to room with specific leaders, please list those names here. *(Girls and adults will be separated.)*

1. _____ 2. _____ 3. _____

Please share any special needs, including dietary. _____

_____

Are you willing to help at The Gathering if needed? ☐ Yes ☐ No

T-shirt Order | *Please check the t-shirt size you would like to order.*

(Adult sizes small-XL included in the on-time bonus. If you need a XXL please add $1, or $2 for a XXXL to your registration fee.)

☐ Adult Small ☐ Adult Medium ☐ Adult Large ☐ Adult XL ☐ Adult XXL ☐ Adult XXXL

Event Cost *(includes 4 meals, lodging, all workshops, patch, and t-shirt if registered by deadline)*	$45
T-shirt Cost *for XXL ($1) or XXXL ($2)*	$_____
TOTAL DUE	**$_____**

Check, made payable to Girl Scouts of the Missouri Heartland, Inc.	$_____
Credit Card *(Please complete information below.)*	
Card #: _____ *Expiration Date:*_____	$_____
Name on Card: _____ *Signature:* _____	
TOTAL ENCLOSED	**$_____**