



It's Your Story, Tell It!

A World of Girls

**Girl Scout Brownie Journey
Perfectly Effortless Program**

Thanks to Girl Scouts of Northern Indiana Michiana
for sharing this resource with Girl Scouts of the Missouri Heartland.

A World of Girls Jump Start Guide

Introduction

Thank you for volunteering with the Girl Scouts. You are about to embark on an exciting experience for both girls and yourself. The following activities have been developed with the Girl Scout Leadership Experience (GSLE) in mind. As girls have fun they will also be learning about themselves, developing leadership and hands on skills that will last a lifetime and building the courage and confidence to become the leaders of tomorrow.

The main resources to provide the Girl Scout program are the Journey book sets and the Girl's Guide to Girl Scouting. In this Jump Start Guide we have joined activities from both guides to make an easy to follow guideline to provide girls with the best possible Girl Scout experience.

Journey Resources

The Journey book set includes an Adult How to Guide and a girl book. The Adult How to Guide contains general Girl Scout information such as how to work with a group of girls, Girl Scout traditions and suggested meeting session activities. These activities are based on the GSLE so girls receive the full intended benefits of the Girl Scout program. The girl book is just that! For the girls to take home, look through; complete the included activities, etc. The Adult How to Guide does not always follow the girl book page by page. Journeys build leadership skills in girls and offer Leadership Awards. Journey activities can be tailored to fit the needs of your troop.

Girl's Guide to Girl Scouting

The Girl's Guide to Girl Scouting is the other essential piece to the Girl Scout Leadership Experience. This resource provides activities in the form of proficiency badge requirements to enhance the Journey experience. By earning badges girls develop hands-on skills they can use while completing a Journey. The guide contains the Girl Scout Brownie Handbook, The Girl Scout Leadership Experience Map, a Brownie Awards Log, other fun activities for girls to complete, and the Legacy Badge requirements. Additional Skill Building Badge sets include even more badges for the girls to earn.

Earning Proficiency Badges

Throughout the year girls may want to learn more about a topic. Badges help girls learn new skills. Girls may then choose to use these new skills to help them along their Journey. It may take several meetings or even one entire meeting to earn a badge. It is fine to occasionally take a break from Journey activities to complete badge activities.

Legacy Badges

Each badge lists the purpose of the badge, the five steps it takes to earn the badge, and tips before starting the badge. Each step lists three choices for how to complete the step. There are also sections on how to link the badge to a Journey, more fun to explore and how to give service using their new learned skill. Badges can be incorporated into your Journey experience at any time. Just try to link the badge the badge to what you are currently doing in the Journey, if possible. It is up to the leader if a girl has earned a badge. If sessions are missed girls may complete requirements at home with the help from their family.

Skill Building Badges

Each Journey series has a set of five additional skill building badges. These sets can be purchased separately. They are structured and earned in the same way as the Legacy Badges.

Financial Literacy Badges

Two Financial Literacy Badges are available to Girl Scout Brownies. Brownies can earn one of these badges per year.

Cookie Business Badges

An excellent time to earn the Cookie Business Badges is right before or during the Girl Scout cookie program. Girl Scout Brownies can earn one per year.

How to Use this Jump Start Guide

This Jump Start Guide has pulled activities from both the Journeys and the Girl's Guide to Girl Scouting and joined them into one easy to follow guide that provides the Girl Scout Leadership Experience. Just as with the Journeys, these activities can be tailored to fit your situation and the needs of your group of girls. This resource shares a description of the Journey theme, an overall goal for each session; a list of supplies needed, pre-meeting preparations and detailed activity plans. Each session is planned to fill an hour and a half time span. Depending on the progress of your girls, your meeting may run shorter or longer. That's ok. The main purpose of the activities is to satisfy the overall goal of the session. If you feel you have accomplished the goal then you are good to move on to the next session. Once you get the hang of how a meeting is run you can begin to plan your own activities using the GSLE as a guideline.

Awarding Earned Awards

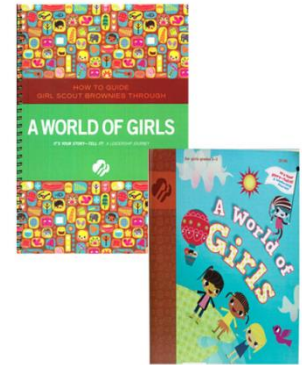
As the girls progress through the activities, they will earn awards. The leadership awards are earned while the girls develop leadership skills through the Journey activities. Girls will learn things about herself and the world around her while learning what it means to advocate for what you believe in. Proficiency Badges are earned while building hands-on skills such as computer expert, healthy eating, first aid, outdoor skills, etc. Earned awards may be presented to girls immediately after earning them or held for a Court of Awards presentation.

Enhancing the Journey Experience

Using the Girl Led component of the GSLE, troops are encouraged to add in additional activities to the Journey Experience. Adding in earning badges of the girls' choice, games, songs, guest speakers, outdoor activities, field trips, overnights, camping, etc. can add fun and adventure to the Journey.

A World of Girls

During A World of Girls, Brownie Girl Scouts travel in a bookmobile alongside Campbell, Jamila, and Alejandra. This girl book is unique because the book flips directions half way through. It is designed to emphasize one theme on either side of the book which can be more easily referred to as the 'World' side or the 'Girls' side.



The 'World' side of the book contains a majority of stories, with a few activities intertwined. The 'Girls' side of the book contains mostly activities and brief introductions to help girls understand the activities. Throughout the Journey, girls will learn about, and earn, four different Story Awards, which lead up to the Better World for Girls! Award. These four awards are also known as "4 Brownie Awards." Below is a brief description of what girls will learn while earning each award.

Hear A Story

Girls will hear the stories of Shali, Chosita, and Lakti, and begin to make connections between the stories and their own communities. Girls will brainstorm ways to make their community better.

Change A Story

Girls will use those brainstorming ideas from the Hear a Story award and work to make a difference to change a story in their world.

Tell A Story

Girls will be able to inspire others to keep the change going and growing, and be able to show new leadership qualities.

Better World For Girls! Award

Girls will reflect on what they have learned and how to continue to be a good leader. Girls will be able to tell their own stories in their own unique way at their final celebration.

There are many options and ways to enhance a Journey experience. Possible field trips and community partners include; places where girls can complete their Take Action Project, visit a library, try foods from other cultures, and learn about the other countries the girls encounter in their stories.

Next, you will find Sample Sessions for this Journey. Sample Sessions can be changed and altered to fit your specific needs.

SAMPLE SESSION 1

GOAL

The girls will begin to learn about other countries and make personal connections to places outside of their everyday community.

SUPPLIES NEEDED

- Supplies to make your passport (if you already know how you'd like the girls to do this project)
- Markers or crayons
- A globe or map

ARRIVAL ACTIVITY

Have the girls complete the passport found on page 5 of the girl book (please note - the girl book has two sections, one that is story based and one that is activity based. The passport activity is found on the page 5 that is on the activity based side.) Allow enough time for girls to fully complete it. Ask the girls to bring their passports to the opening Brownie Ring, and ask for volunteers to share their passports after introductions are finished. This gives girls an opportunity to learn about each other.

OPENING

Have girls gather in a circle, called the Brownie Ring. Welcome the girls and introduce yourself and any additional volunteers that are present. Review the Girl Scout Promise and the Girl Scout Law, and explain that it unites Girl Scouts all around the world.

BUSINESS

Take attendance and collect dues (if applicable to your troop procedures). You and the girls may opt to collect dues at the beginning of your meetings.

ACTIVITY 1

Create a team passport! Look at the suggestions in the adult book on page 30 for ideas on how to do the passport - it most definitely doesn't need to look like a passport (and it's probably easier to keep up with this activity if you use something that's bigger than a passport). Get the girls' input as to what the "passport" should look like and if you have the materials to get started on it, go ahead! If not, this can be worked on in future meetings.

ACTIVITY 2

Next read, "Shali's Desert Home" from the girl book, pages 6-16 of the story book side. If the girls like to read and have already read it, you can just discuss the story. If they like to read aloud, you can let the girls take turns reading the story. You can also read it out loud to them - do whatever your girls enjoy most, but don't get bogged down in the reading. Ask the girls the discussion questions found on page 33 of the adult guide and just talk about the story.

SNACK

You and the girls may opt to have snack time toward the end of the meeting. You may ask for donation from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave the decision to each girl to bring in their own snack.

CLEAN-UP

Remember, Girl Scouts leave their space cleaner than how they found it!

CLOSING

Close the meeting by bringing all the girls back into a Brownie Ring. Show them the map or globe you brought in and let them know that girls their age are Girl Scouts (or sometimes they're called Girl Guides) in more than 145 countries! Ask the girls to point out countries they would like to visit someday and identify them on the map. End the meeting with a friendship circle and squeeze.

SAMPLE SESSION 2

GOAL

The girls will explore how stories about women and girls often hold clues about actions they can take to make the world a better place.

SUPPLIES NEEDED

- Page 44 from the adult book (copies for each girl)
- Markers or crayons
- Index cards
- Team Passport

ARRIVAL ACTIVITY

Have the girls read page 8-9 of activity side of their girl book, about finding clues in stories about Red Riding Hood and Juliette Gordon Low. This will prep them for today's activities!

OPENING

Have girls gather in a circle, called the Brownie Ring and review the Girl Scout Promise and the Girl Scout Law. Invite the girls to say one thing they like to do with other girls, whether it's one friend or a whole group of friends.

BUSINESS

Take attendance and collect dues (if applicable to your troop procedures).

ACTIVITY 1

Make any additions you would like to the Team Passport.

ACTIVITY 2

Let the girls know you're going to be talking about girls in stories today! On an index card have them write down their favorite girl character from a story (the story can be from a book or a movie) and then write one word that describes that girl character on the other side of the card. Collect the cards and spread them out on the floor, with the descriptor word face up. Have girls gather around the word they think describes themselves best (more than one girl can be around one card). Have them flip the cards over - do they think they're like that character? What other characters are they like? Discuss!

ACTIVITY 3

Have the girls complete page 44 from the adult book, using any stories they would like (if they need to think about it a little bit, that's okay too). Then take the girls through the "Shali's Story: Finding Clues for Change" activity on pages 40-41 of the adult guide which leads the girls to think about things they could do to help other kids be better readers.

SNACK

You and the girls may opt to have snack time toward the end of the meeting. You may ask for donation from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave the decision to each girl to bring in their own snack.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it!

CLOSING

Close the meeting by bringing all the girls back into a Brownie Ring for a friendship circle and squeeze.

SAMPLE SESSION 3

GOAL

The Brownies continue to learn about the power of stories and start to realize they can make the world a better place.

SUPPLIES NEEDED

- Team Passport
- Paper
- Markers or crayons

ARRIVAL ACTIVITY

Have the girls complete page 17 in activity side of their girl book, titled "Your Brownie World."

OPENING

Have girls gather in the Brownie Ring. Review the Girl Scout Promise and the Girl Scout Law. Invite girls to name one thing they've enjoyed doing on this journey so far.

BUSINESS

Take attendance and collect dues (if applicable to your troop procedures).

ACTIVITY 1

Have the girls do the role play activity on page 49 of the adult book. If they need story ideas, they can use some of the ideas they had when they filled out the sheets from page 44 of the adult book last week. If your girls would rather draw than act out scenarios, that's okay too.

ACTIVITY 2

Have the girls draw their own version of a bookmobile! Check out pages 54-55 of the adult book for more. Make sure girls know what a bookmobile is and why it is used. Girls can also come up with their top ten list of books they would want to include on a bookmobile.

SNACK

You and the girls may opt to have snack time toward the end of the meeting. You may ask for donation from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave the decision to each girl to bring in their own snack.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it!

CLOSING

Let the girls know that you'll be doing an investiture/rededication ceremony next meeting, and feel free to ask them if they have any ideas for what to do in the ceremony. Will they invite visitors? Will you have special snacks? End with a friendship circle and squeeze.

SAMPLE SESSION 4

GOAL

The girls will choose a clue for change that will benefit girls in their community.

SUPPLIES NEEDED

- Team Passport
- Role Playing Slips from page 62 of the adult book
- Copies of pages 66-67 of the adult book (you can make one for each girl, or just have one per group that is filled out).
- Whatever is required for the Investiture/Rededication ceremony

ARRIVAL ACTIVITY

Let the girls add anything new to the Team Passport.

OPENING

Have the girls gather in their Brownie Ring. Have them each close their eyes and think about something they are good at. Let each girl have a turn sharing.

BUSINESS

Take attendance and collect dues (if applicable to your troop procedures).

ACTIVITY 1

Read "Dancing with Chosita" from the girl book, pages 18-26 on the story book side and discuss all the ways the girls were giving and sharing in the story. Let the girls in the troop know this is a clue too!

ACTIVITY 2

Have a discussion with the girls about how to resolve disagreements, as talked about on pages 61-62 of the adult book. Have girls take turns reading the role playing scenarios on page 62 and let the girls discuss what they could say in these situations.

ACTIVITY 3

Time to brainstorm project ideas! The girls will do a "Change a Story" project, where they do their part to make a change in their community. Utilize pages 66-67 of the adult guide to do the planning. Remember, this project does not have to be big and involved!

SNACK

You and the girls may opt to have snack time toward the end of the meeting. You may ask for donation from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave the decision to each girl to bring in their own snack.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it!

CLOSING

Hold the investiture/rededication ceremony. End with the friendship circle and squeeze. Invite any visitors to join in the circle.

SAMPLE SESSION 5

GOAL

The Brownies continue to plan their Change a Story project.

SUPPLIES NEEDED

- Team Passport
- Any supplies needed to prepare for the Change A Story Project

ARRIVAL ACTIVITY

Have the girls update the Team Passport in some way, showcasing their progress.

OPENING

Encourage the girls to sit together in the Brownie Ring and have each girl share what she is most looking forward to as they continue to plan their Change a Story Project. Then have the girls repeat this chant: *We know how the story starts, For the middle we have a plan. How it ends is up to us, Will it change? We think it can!*

BUSINESS

Take attendance and collect dues (if applicable to your troop procedures).

ACTIVITY 1

Continue planning the Change a Story Project! If you didn't settle on an idea last week, continue the conversation. Otherwise, use this meeting to prep for the project.

ACTIVITY 2

If the project doesn't require much prep time, there are several fun activity ideas on pages 72-75 in the adult book. Feel free to do some of those activities with the girls. If planning takes all of your time, don't bother with these activities right now.

SNACK

You and the girls may opt to have snack time toward the end of the meeting. You may ask for donation from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave the decision to each girl to bring in their own snack.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it!

CLOSING

Gather the girls together and share with them any last minute reminders for next week, when they will do their Change a Story project. End with a friendship circle and squeeze.

SAMPLE SESSION 6

GOAL

Complete the Change A Story Project.

SUPPLIES NEEDED

- Whatever is required for the Change a Story Project.

OPENING

Gather the girls in a Brownie Ring and make sure they know the expectations you have for them. Then let them know you're proud of them for taking on this project!

ACTIVITY

It's all about completing the Change a Story Project today!

SNACK

You and the girls may opt to have snack time toward the end of the meeting. You may ask for donation from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave the decision to each girl to bring in their own snack.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it!

CLOSING

Gather the girls together and have them each share their favorite part of completing the project today. End with a friendship circle and squeeze.

SAMPLE SESSION 7

GOAL

The Brownies come up with a plan to share the story of their project and encourage others to keep it going.

SUPPLIES NEEDED

- Team Passport
- Different examples of ads, particularly ones with girls their age in them

ARRIVAL ACTIVITY

Have the girls update the Team Passport with memories of their time doing their Change a Story Project.

OPENING

Have the girls come together in their Brownie Ring and let them know it's time for a Brownie Brainstorm! Have the girls think about who would be best to tell about their Change a Story Project. Might their families want to know about it? Other Girl Scouts? Their school? Have the girls try to narrow down who they could inspire to do a project like theirs!

BUSINESS

Take attendance and collect dues (if applicable to your troop procedures).

ACTIVITY 1

Have the girls look at the ads you've gathered and analyze them. You might want to put them in pairs or groups to do this. Guide them through the discussion questions on page 80 of the adult book.

ACTIVITY 2

If the girls decided who their target audience will be for sharing their Change a Story experience, it's now time to figure out how they're going to share it. Are they going to make posters and hang them somewhere? Are they going to do a skit to share what they've learned? Make a mural and hang it somewhere? It's up to them (and you). If you have time, you can even get started making or planning what this presentation will be.

SNACK

You and the girls may opt to have snack time toward the end of the meeting. You may ask for donation from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave the decision to each girl to bring in their own snack.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it!

CLOSING

Gather the girls in a friendship circle and have them end with a friendship squeeze.

SAMPLE SESSION 8

GOAL

The Brownies will share the story of their Change a Story Project with a wider audience.

SUPPLIES NEEDED

- Whatever supplies are required for sharing their story

OPENING

Have the girls “shake it out”. Let them dance, do jumping jacks, play a quick game of Simon Says - let them get some nerves and energy out before they share what they’ve done.

ACTIVITY

It’s time to share the story of the Change a Story project! It’s time to do whatever the troop has planned, whether it’s a performance, making posters and hanging them around the school...whatever you’ve got, go for it!

SNACK

You and the girls may opt to have snack time toward the end of the meeting. You may ask for donation from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave the decision to each girl to bring in their own snack.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it!

CLOSING

Gather the girls in a Brownie Ring and let them share one word about how they feel now that they’ve told their story for change. End with a friendship circle and squeeze.

SAMPLE SESSION 9

GOAL

Brownies will consider their place in the world of girls and start planning a celebration of all they've accomplished on their journey!

SUPPLIES NEEDED

- Team Passport
- One quilt square (it can be paper or fabric)
- Items with which to decorate the quilt square

ARRIVAL ACTIVITY

Have the girls add to their Team Passport, sharing pieces of what they did last week!

OPENING

Read the girls the story "Story Swapping with Lakti" on pages 28-37 in the story book side of the girl book. Let the girls know that story sharing is a tradition from cultures all over the world!

BUSINESS

Take attendance and collect dues (if applicable to your troop procedures).

ACTIVITY 1

Let the girls know that you're going to be creating a quilt that showcases things the girls do really well - also known as a quilt of strengths! Ask the girls to create a quilt square that showcases at least one of their strengths. When all the squares are complete, tie, tape or stitch them together. (See picture on page 89 of the adult book for the "tying" idea). Ask the girls to share how they feel to be a part of a group that has so many strengths. After they've had a chance to talk about this for a bit, remind them that every Brownie troop has girls that have strengths, so imagine if they put a quilt together of strengths of all the Brownies in all the world - how amazing would that be!

ACTIVITY 2

It's time for one last Brownie Brainstorm on this journey! Ask the girls to think about how they want to celebrate completing this series of activities! For celebration ideas, check out pages 92-93 in the adult book.

SNACK

You and the girls may opt to have snack time toward the end of the meeting. You may ask for donation from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave the decision to each girl to bring in their own snack.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it!

CLOSING

Gather the girls together and close the meeting with the friendship circle and squeeze.

SAMPLE SESSION 10

GOAL

The girls have the opportunity to celebrate their accomplishments in completing the Journey!

ARRIVAL ACTIVITY

Have the girls prep and ready anything required for the activities today.

OPENING

Have the girls play a game of Follow the Leader! Have each girl take a turn at being the leader and performing one simple action (standing on one leg, hopping once, etc.) for the other girls to follow.

BUSINESS

Take attendance and collect dues (if applicable to your troop procedures).

ACTIVITY

Do whatever you've planned to celebrate completing the journey. You may want to include a court of awards, where each girl will receive the awards she's earned from the journey and any others along the way.

SNACK

You and the girls may opt to have snack time toward the end of the meeting. You may ask for donation from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave the decision to each girl to bring in their own snack.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it!

CLOSING

Let the girls know what is next! Are they going to be selling cookies? Earning badges? Going on a field trip? Having an overnight or camping trip? Let the girls know there is more fun in store for them.

ADDITIONAL ACTIVITIES

As time allows, consider enhancing your Journey experience with several of these ideas:

- Guide the girls in earning a Legacy Badge of their choice. Legacy Badges and their requirements are found in the Brownie Girl's Guide to Girl Scouting. Try to link or associate whatever badge the girls pick to their Journey experience.
- Guide the girls in earning a badge of their choice from the additional Skill Building Badge sets. Skill building Badge sets are purchased separately from the Girl Scout shop and include 5 badges per set. Try to link or associate whatever badge the girls pick to their Journey experience.
- Earn a Financial Literacy Badge. Requirements can be found in the Girl's Guide to Girl Scouting.
- Earn a Cookie Business Badge. Requirements can be found in the Girl's Guide to Girl Scouting.
- Spend time preparing the girls to participate in the fall product or cookie programs.
- Host a cookie booth.
- Help the girls complete the Bridge to Junior activities. Activities are found in the Girl's Guide to Girl Scouting.
- Do community service.
- Invite a guest speaker to your meeting.
- Go on a field trip.
- Plan an overnight.
- Plan a camping trip at one of the Girl Scout camps.
- Talk about summer camp opportunities.

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